

# ARETE

ENERGIZING FOR CHALLENGING OUTCOMES



Specific, difficult but attainable goals lead to better performance than easy, vague, or abstract goals such as the general purpose exhortation to “do your best.” Hard goals motivate because they require a person to achieve more to be content with one’s performance. Outcomes are nothing but the changes, benefits, learning or other effects that result from what the project or organization makes, offers or provides. Hence it is important to focus on personal as well as professional outcomes because it offers the potential to refocus on what matters to people who use services.

Ayaasaa presents supervisory cadre training programme Arete which symbolizes excellence, integrity, and courage. This intervention is meant to instill courage in individuals to strive for excellence in personal and professional life. It gives insights on the need to respond with courage and power to handle situations, makes good relations as well as achieve the desired goals. This organization development ‘energizing for challenging outcomes’ process is a catalyst for systematic change progression to benefit the organizations as well as the stakeholders.

## ABOUT ATYAASAA

Ayaasaa Consulting Private Limited is resolute on meeting the needs of human resources, through validated behavioural assessments, developing competencies, behavioural coaching, and management consulting. It is on a Mission of 'Awakening Human & Business Excellence.' Ayaasaa's transformational processes facilitate unleashing of innate energies ensuring superior performance and productivity, both in individuals and organizations. Its vision is to remain a leading and niche human resource training and consulting organization offering quality services through quality people and technology. Ayaasaa is, thus, partnering with learning organizations at a National and International level in their mission of holistic growth.

### For further details:

Write to us at: [info@atyaasaa.com](mailto:info@atyaasaa.com) | Call us on: (91-20) 25896445 |  
Visit us at: [www.atyaasaa.com](http://www.atyaasaa.com)

This customized intervention encompasses the following insights

### WEBINAR 1

- Introduction to the intervention and change project
- Grasping the concepts of the competency

### FACE TO FACE 1

- Foundation of the core concepts of the competency
- Imbibe behaviours based on validated models of the competency
- Activation of change project

### WEBINAR 2

- Review of webinar 1 and face to face 1
- Gaining insights on the competency concepts in depth
- Review of change project
- Transfer of intermediate learning

### FACE TO FACE 2

- Review of webinar 1, face to face 1, and webinar 2
- Imbibe behaviours based on validated advanced models of the competency
- Analysis of the changing behaviour through change project
- Advance learning through change project presentations and reviews

### WEBINAR 3

- Neuro-Science of change and transfer learning

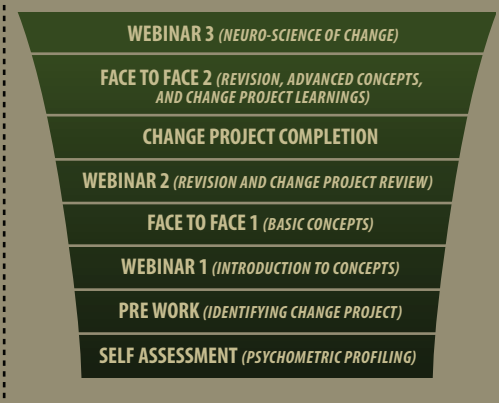
## INTERVENTION OUTCOMES

- Enhancing emotional maturity
- Understanding dynamics of challenges
- Effectively handling challenges and stress
- Demonstrating various leadership behaviours
- Learning techniques of effective communication
- Appreciating critical feedback from others
- Learning to adapt to challenging situations

## METHODOLOGY OF THE INTERVENTION

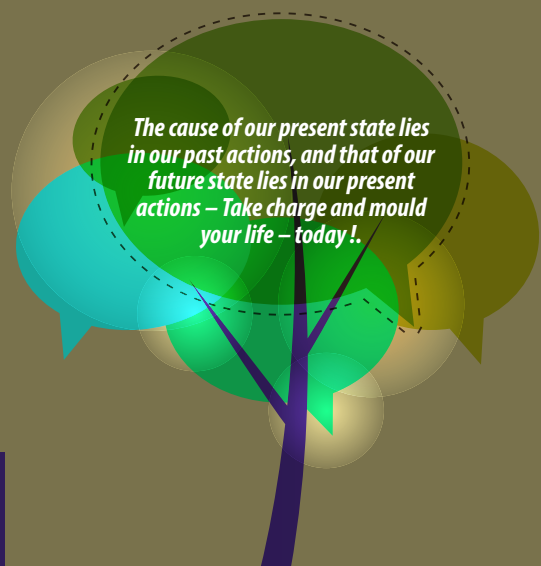


## DELIVERY MODEL



## BENCHMARKING WORLD CLASS PRACTICES

This intervention is conceptualized and presented by Atyaasaa. A leading business consulting organization partnering with some of the best brands across continents. Atyaasaa has been a catalyst and a contributor in their quest for people development and business excellence. The core differentiator of Atyaasaa process is continual innovation, unique customization and use of state of the art technology tools. This is implemented through ethical and experienced operations by human resource facilitators with contribution as their core value.



FOR UNIQUE CUSTOMIZATION OF THIS INTERVENTION, IN LINE WITH YOUR SPECIFIC NEEDS CONTACT OUR PROJECT MANAGEMENT TEAM.

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